



**5K Run/Walk**  
**Tuesday September 3, 2013**  
Timing: **Marg White**

**5 K Male Runners**

1	Logan Roots	16:58
2	Logan Boehmer	17:14
3	Tom Ulyett	21:49
4	Simon Lapointe	24:32
5	Roger Hulstein	29:44

**2.5K Male Runner**

1	Brian Mottus	15:41
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**5 K Female Runners**

1	Deb Kitchen	27:53
2	Nicole Hulstein	29:44

**3K Female Runner**

1	Constance Lapointe	19:50
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**3 K Female Walkers**

1	Tanya Astika	21:28
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