



**Thursday Night Trail Run  
September 1, 2016  
Hidden Lakes, Heartbreak Hill  
Approx 5 Km**

**Men**

|   |                |                 |
|---|----------------|-----------------|
| 1 | Jason Mackey   | 29:06           |
| 2 | Eldon Pfeiffer | 33:20           |
| 3 | Joe Parker     | 35:10 (detour)  |
| 4 | Ross Keith     | Late-off course |

**Women**

|   |                  |                 |
|---|------------------|-----------------|
| 1 | Hayley Henderson | 32:03           |
| 2 | Kristi Horton    | 39:20           |
| 3 | Bronwyn Benkurt  | 39:20           |
| 4 | Hillary Seymour  | 33:20 (detour)  |
| 5 | Hannah Shier     | 35:10 (detour)  |
| 6 | Sharon Pfeiffer  | Deflag          |
| 7 | Megan Seiling    | Late-off course |

