



Intersport 5 Km Run/Walk

July 27, 2010

Timing: Marg White

**Male
5 Km Runners**

| | | |
|----|-----------------|---------|
| 1 | Logan Roots | 0:18:28 |
| 2 | Bill Parry | 0:18:37 |
| 3 | Keith Thaxter | 0:19:07 |
| 4 | Joel Macht | 0:19:18 |
| 5 | Harrison Kwok | 0:19:18 |
| 6 | Tom Ulyett | 0:20:07 |
| 7 | Jimmy Semaschuk | 0:21:31 |
| 8 | Don White | 0:21:40 |
| 9 | Terry Boone | 0:22:59 |
| 10 | Bob Bowerman | 0:23:28 |
| 11 | Jud Dueling | 0:23:29 |
| 12 | Marcus Dueling | 0:23:29 |
| 13 | Dan Macdonald | 0:24:58 |
| 14 | Brian Mottus | 0:25:02 |
| 15 | Charlie Roots | 0:34:24 |
| 16 | Marco Chan | 0:37:22 |

**Female
5 Km Runners**

| | | |
|---|-------------------|---------|
| 1 | Krestena Sullivan | 0:18:39 |
| 2 | Maura Sullivan | 0:19:08 |
| 3 | Sheri Hogeboom | 0:23:13 |
| 4 | Veronique Herry | 0:25:15 |
| 5 | Hannah Shier | 0:25:22 |
| 6 | Helen Stappers | 0:25:29 |
| 7 | Kirsten Rideout | 0:26:51 |
| 8 | Kaitlyn Brown | 0:40:17 |

5 Km Walkers

| | | |
|---|---------------|---------|
| 1 | Ruth Hall | 0:34:25 |
| 2 | Arlene Ogden | 0:35:08 |
| 3 | Tanya Astika | 0:35:31 |
| 4 | Bonnie Love | 0:36:27 |
| 5 | Susan Dennehy | 0:37:57 |