



THE BEST IN OUTDOOR  
EQUIPMENT, CLOTHING  
& FOOTWEAR

## Thursday Night Trail Run

May 30, 2013

Long Lake - 7 km

### Coast Mountain Sports Thursday Night Trail Run

#### Men

1	Ian Parker	33:44
2	Robert Gillis	34:10
3	Logan Boehmer	34:20
4	Logan Roots	34:20
5	Tom Ulyett	34:30
6	Scott Gilbert	36:12
7	Tedd Tucker	36:22
8	Ben Yu Schott	37:01
9	Terry Boone	41:49
10	Keith Lay	45:48
11	Bryan Craven	56:26
12	Randy Lamb	59:10

#### Women

1	Lauren Whyte	35:20
2	Kealy Sweet	35:34
3	Brittany Pearson	37:11
4	Megan Seiling	38:50
5	Amelia Fraser	41:02
6	Ella Parker	41:30
7	Sarah Johnson	42:38
8	Darren Holcombe	43:05
9	Kirsten Hulstein	45:30
10	Valerie Bussierres	46:02
11	Hayley Henderson	48:17
12	Laurie Drummond	49:26
13	Judy Ratcliffe	50:24
14	Deana Lariviere	50:32
15	Malgosia Ejsmont	50:45
16	Emily Tyson	50:45
17	Tess Cross	51:15
18	Nicole Hulstein	51:35
19	Lara Melnik	54:05
20	Elise Maltinsky	55:05
21	Sonya Seeber	55:47
22	Brenda Dion	56:26
23	Nancy Brady	Detour
24	Darlene Mataseje	Detour