



**10 Km Championships
& 5 Km Walk/Run
August 20, 2013**

Timing: Marg White

**Male
10 Km Runners**

<u>Under 19</u>	
1. Keiren Halliday	35:38
<u>20 - 39</u>	
1. Logan Roots	35:21
2. Logan Boehmer	35:27
3. Dave Eikelboom	35:44
4. Simon Lapointe	38:43
<u>40 - 49</u>	
1. Terry Boone	48:14
<u>50 - 59</u>	
1. Dan Shier	42:16
2. Brendan Hanley	45:39
<u>60-69</u>	
1. Keith Lay	52:01
2. Brian Mottus	58:24
<u>70-79</u>	
1. Dave Kelles	1:01:23

**Female
10 Km Runners**

<u>20 - 39</u>	
1. Brittany Smith	41:25
2. Anett Kralisch	45:54
3. Amelia Fraser	48:30

**Male
5 Km Runners**

1. John Parry	17:52
2. David Greer	17:55
3. Darby McIntyre	22:01
4. Isaac O'Brien	31:51
5. Mathias Frostad	40:57
6. Gerard Frostad	40:58

**Female
5 Km Runners**

1. Christine Smith	27:21
2. Caitlin McIntyre	28:54
3. Alinena McIntyre	28:54
4. Nicole Hulstein	31:30
5. Maureen Johnstone	32:07
6. Geraldine Villemont	34:19

