

COAST MOUNTAIN SPORTS

THE BEST IN OUTDOOR
EQUIPMENT, CLOTHING
& FOOTWEAR

Thursday Night Trail Run
June 16, 2016
Hidden Lakes
Approx 7.5 Km

Men

1	Scott Williams	38:48
2	Thomas Moore	40:51
3	Robert Gillis	40:55
4	Jason Mackey	41:08
5	Wayne Smyth	45:10
6	Ross King	48:52
7	Paul Moore	49:17
8	Michael Johnson	53:29
9	Don White	Deflag
10	Terry Boone	Deflag
11	Ben Yu Schott	two laps

Women

1	Hilary Seymour	42:14
2	Laura Scott	43:54
3	Megan Seiling	44:15
4	Kristi Zychowka	44:15
5	Hayley Henderson	45:50
6	Tammy Kingston	52:00
7	Jen King	54:08
8	Valerie Girard	59:12
9	Selena Boothroyd	64:00
10	Liz Sutton	65:00

