



**Intersport 10 Km and 5 Km Fun Run/Walk
September 21, 2010**

Timing: Marg White

Male

10 Km Runners

1	Rodney Hulstein	0:36:56
2	Tom Ulyett	0:42:57
3	Brian Mottus	0:51:35
4	Keith Lay	0:52:30

5 Km Runners

1	Ian Moore	0:21:42
2	Randy Lamb	0:26:45
3	Grant Macdonald	0:27:15

2.5 Km Runners

	Thomas Moore	0:19:29
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Female

5 Km Runners

1	Ginny Macdonald	0:27:04
2	Lois Sembsmoen	0:28:38
3	Shari MacIntosh	0:28:38

2.5 Km Runners

1	Tessa Moore	0:19:29
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10 Km Walkers

1	Bonnie Love	1:10:05
2	Arlene Ogden	1:10:28

5 Km Walkers

1	Jane Haydock	0:36:41
2	Catherine Simpson	0:38:22