Baked 1 Miler Results  
Date: August 23rd, 2022

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| Ironwomen Heat Results | | |
| 1 | Alice Crete-Bergeron | 7:33 |
| 2 | Leonie Crete-Bergeron | 7:33 |
| 3 | Maeve Evans | 8:11 |
| 4 | Blue Jones | 8:30 |
| 5 | Sula Balzer | 8:32 |
| 6 | Maya Poirier | 9:51 |

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| Kids | | |
| 1 | Greg Freeman (13) | 6:51 |
| 2 | Natalia Hendricks (12) | 6:55 |
| 3 | Emily Kralisch (12) | 6:55 |
| 4 | Arlo Daley (10) | 8:40 |
| 5 | Zorion Liver (12) | 9:09 |
| 6 | Valente Oliver (9) | 9:17 |
| 7 | Oliver Kralisch (10) | 10:02 |

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| Adults | | |
| 1 | John Perry | 5:09 |
| 2 | Graeme McConnell | 5:27 |
| 3 | Ehab Hassen | 5:41 |
| 4 | Scott Hithcox | 5:44 |
| 5 | Anett Kralisch | 5:47 |
| 6 | Larra Daley | 7:02 |
| 7 | Marta Bekeova | 7:04 |
| 8 | Cindy Freeman | 7:18 |