

Event: Sports Experts 5000m Track Race  
Date: June 4th, 2023

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| Runners | | |
| 1 | Kieran Halliday | 17:59:15 |
| 2 | Ryan Leef | 18:23:87 |
| 3 | Mike Evans | 19:56:43 |
| 4 | Greg Freeman | 20:40:04 |
| 5 | Jessica Heath | 21:42:85 |
| 6 | Cindy Freeman | 23:26:91 |
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| Walkers | | |
| 1 | John Storms | 27:50:67 |
| 2 | Bonnie Love | 36:19:26 |
| 3 |  |  |
| 4 |  |  |
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