

Event: Southern Lakes Half Marathon and 10km  
Date: June 24th, 2023

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| Half Marathon Men | | |
| 1 | Logan Roots | 1:15:49 |
| 2 | Boris Hoefs | 1:35:50 |
| 3 | Mark Dainton | 1:37:10 |
| 4 | Brys Stafford | 1:52:49 |
| 5 | John Main | 2:02:56 |
| 6 | Allan Benjamin | 2:03:36 |
| 7 | Nathaniel Hamlyn | 2:06:01 |
| 8 | Jeremiah Percival | 2:17:54 |
| 9 | Don White | 2:19:36 |

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| Half Marathon Women | | |
| 1 | Cindy Freeman | 1:56:07 |
| 2 | Stephanie Main | 2:00:21 |
| 3 | Theresa Murray | 2:19:36 |
| 4 | Micaela Courtney | 2:24:41 |

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| 10km Men | | |
| 1 | Mike Evans | 43:45 |
| 2 | Yanik Freeman | 45:46 |
| 3 | Scott Bradley | 45:57 |
| 4 | Gareth Earl | 53:16 |
| 5 | Gregory Freeman | 54:26 |
| 6 | Jeffrey Mackie-Deemsted | 2:18:40 |

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| 10km Women | | |
| 1 | Juliana Tobon | 53:39 |
| 2 | Gina Anderson | 53:59 |
| 3 | Natalie Wing | 56:00 |
| 4 | Kaya Downs | 57:47 |
| 5 | Tali Pukier | 59:29 |
| 6 | Donna Jones | 1:02:43 |
| 7 | Lizz Churchill | 1:06:06 |
| 8 | Rachel McRorie | 1:15:53 |
| 9 | Erin Gregorash | 1:15:53 |
| 10 | Bonnie Love | 1:19:13 |
| 11 | Sally Cohen | 1:21:23 |
| 12 | Maleah Seguin | 1:26:07 |