Baked 1-miler (August 24, 2023)

| **Youth Race** |  | **Adult Race** |  |
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| Léon TM Borlase | 6:31 (1) | Olivier Roy-Jauvin  | 5:00 (1) |
| Griff Morrison | 6:32 (2) | Mike Evans  | 5:15 (2) |
| Emily Kralisch-Seguin | 6:51 (1) | Adam Luciano  | 5:24 (3) |
| Cody Young | 7:15 (3) | Scott Hitchcox | 5:26 |
| Yari McHale | 7:48 (2) | Luke Carlos | 5:29 |
| Rowan Wallace | 7:53 | Graeme McConnell | 5:30 |
| Thys Eikelboom | 7:54 | Guillaume Berneau | 6:00 |
| Olivier Kralisch-Seguin | 8:12 | Jody Eikelboom  | 6:13 (1) |
| Arlo Biedermann | 8:17 | Jonathon Kerr | 6:23 |
| Bennett Sylvester | 8:29 | Kristenn Magnusson | 6:34 (2) |
| Charles Kerr | 8:53 | Kirsten Sylvester | 7:32 (3) |
| Finn Chandler  | 9:15 |  |  |
| Rowan Evans | 9:41 |  |  |
| Nellie TM Borlase | 9:44 (3) |  |  |
| Emilia Sylvester | 13:38 |  |  |
| Benson Kerr | 14:27 |  |  |
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Special mention to parents and siblings who ran with one of the runners – Mark Chandler, Henry Chandler, Ryan Sylvester, Aleida Eikelboom – and all the supporters who cheered for the runners!